# Appendix B Provider Survey

The provider survey questionnaire is shown on the following pages. Some minor formatting adjustments were made to make it fit in this report.

ID 1-8/ BATCH 9-11/

Form Approved OMB No. 0536-0045 Exp. Date: 9/30/2001

## Family Child Care Homes Legislative Changes Study

### FAMILY CHILD CARE HOME SURVEY

**Abt's Toll Free Number 1-800-244-4135** 

[Attach ID Label]

Public reporting burden of this collection of information is estimated to average 30 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to: Department Clearance Officer, OIRM, AG Box 7630, Washington, DC 20250.

#### **How to Complete the Survey**

This survey has four kinds of questions. Here is a SAMPLE of each kind.

#### SAMPLE 1

#### (CIRCLE ONE RESPONSE)

1. Is the number of children you care for now more, less, or about the same as the number you cared for in January, 1997?

 More
 ...
 1

 Less
 ...
 2

 About the same
 ...
 3

If you cared for 4 children in January of 1997 and now care for 3 children, you would circle "2".

#### SAMPLE 2

#### (CIRCLE MORE THAN ONE RESPONSE)

2. What kinds of training have you had? (Circle all that apply)

Workshops1One-on-one training2Videotapes3

If you attended a workshop **and** watched a videotape, you would circle "1" **and** "3".

#### (OTHER SPECIFY RESPONSE)

3. Thinking back to January of 1997, what were you trained in? (Circle all that apply)

Meal counts1Menu planning2Food storage3Other (Specify)4

If you were trained in food safety, you would circle "4" and print "food safety" in the space under "Other".

#### SAMPLE 4

#### (FILL IN BLANK)

4. How many meals do you serve each day?

# of meals

If you served three meals per day you would write "3" in the space provided.

Thank you for the time you will spend completing this questionnaire. If you have any questions on what a question or an instruction means, please call us toll free at 1-800-244-4135.

If you are no longer participating in the Child and Adult Care Food Program (CACFP) or are no longer operating a family child care home, please skip to question 33 on page 22.

	Our first questions are about the children (including infants) who some.	attend your family child care
1.	How many children are you licensed, certified, approve family child care home? (Include full-time and part-time	•
		# of children
	r questions 2 through 6, do not include your own children or any your household.	other children who are members
2.	How many children (including infants) are currently <u>en</u> home?	rolled in your family child care
	When answering questions 2-5, responses should include all children (including infants) who are actively enrolled in your child care home. This should include full-time and part-time children, children who only come in one or two days per week, children who only come in	14-15/
	occasionally, and all other children who are on your current roster of children enrolled in your child care program.	# of children
3.	How many of the enrolled children are: (If none, write "	0")
		Number of Children
	Under 1 year old (birth to 11 months)	16-17/
	1 to almost 2 years old (12 to 23 months)	18-19/

2 to almost 3 years old (24 to 35 months)

3 to almost 6 years old (36 to 71 months)

TOTAL ENROLLED (This number should

be the same as your answer to Question 2)

6 years old or older

20-21/

22-23/

24-25/

26-27/

4.	How many of the enrolled children are in your care $\underline{\text{full-time}}$ (30 hours or more per week)?	
	# of full-time children	29/
5.	How many of the enrolled children are in care <u>part-time</u> ( <u>less</u> than 30 hours per week)	?
	# of part-time children	31/
6.	What is your average daily <u>attendance</u> ? (Include full-time and part-time children)	
	When answering this question, please consider the average number of children cared for during a typical day of operation.  # of children	/
7.	How many of your own children, or any other children who are members of your own household, who are age 12 and under are usually at home during the hours when you have children in care? (If none, write in "0")	
	# of children	35/

#### 8. When do you take care of children (other than your own)?

Please fill in the times and circle A.M. or P.M. for each day of the week. Include all shifts. If you do not take care of children on a particular day, check ( $\checkmark$ ) the box next to "closed." Please do not leave any days blank.

Monday	from:36-39/	A.M.	to:	A.M.	
and	from:	P.M. 40/ A.M.	to:	P.M. 45/	
ana	46-49/	P.M. 50/	51-54/	A.M. P.M. 55/	closed
Tuesday	from	A.M.	to	A.M.	56/
Tuesday	from: <sub>57-60/</sub>	P.M. 61/	to:	P.M. 66/	
and	from:	P.M. 61/ A.M.	to:	<b>АМ</b> П	
	07.70	P.M. 71/	72.73/	P.M. 76/	closed
Wednesday	from:	A.M.	to:	A.M.	77/
Wednesday	78-81/	P.M. 82/	83-86/	P.M. 87/	
and	from:	A.M.	to:	лм 🖂	
		P.M. 92/		P.M. 97/	closed 98/
Thursday	from:	A.M.	to :	A.M.	00/
Thursday	99-102/	P.M. 103/	104-107/	P.M.	
and	from:	A.M.	to:	108/	
		P.M.	,	A.M. L. P.M.	closed
		113/		118/	119/
Friday	from:	A.M.	to:	A.M.	
and	from:	P.M. 124/	125-128/ to :	P.M. 129/	
	130-133/	A.M.	135-138/	A.M.	closed
		P.M. 134/		P.M. 139/	140/
Saturday	from:	A.M.	to:	A.M.	
and	from:	P.M. 145/	146-149/ to :	P.M. 150/	
	151-154/	A.M.	156-159/	A.M.	closed
		P.M. 155/		P.M. 160/	101/
Sunday	from:	A.M	to:	A.M.	
and	from:	P.M. 166/	167-170/ to :	P.M. 171/	
	172-175/	A.M.	177-180/	A.M.	closed
		P.M. 176/		P.M. 181/	162/

9.	Thinking back to January of 1997, two years ago, is the number of children you care
	for now more, fewer or the same?

More	1	183/
Fewer	2	
The same	3	
Not applicable, did not operate a child care home in January, 1997	4	

The following questions are about the meals and snacks provided to enrolled children.

**10. Which meals and snacks are you now serving?** (For each meal and snack listed below, please circle 1 if you serve the meal now or 2 if you do not)

	Serve	Now?
	YES	NO
	lacktriangledown	lacktriangledown
Breakfast	1	2
Morning snack	1	2
Lunch	1	2
Afternoon snack	1	2
Supper/dinner	1	2
Evening snack	1	2

10.A Thinking back to January, 1997, two years ago, which meals and snacks were you serving then? (For each meal and snack listed below, please circle 1 if you served this meal in January, 1997 or 2 if you did not)

If you were not operating a child care home or did not serve any meals in January 1997, check (✓) the box and skip to question 11.

	Served in Ja	nuary 1997?	
	YES	NO	
	•	▼ '	
Breakfast	1	2	19
Morning snack	1	2	192
Lunch	1	2	193
Afternoon snack	1	2	194
Supper/dinner	1	2	195
Evening snack	1	2	196

If there has been no change in the types of meals or snacks served since January, 1997 check ( ) the box and go to question 11.

10.B What are the reasons for any changes in the types of meals or snacks you serve now compared to January, 1997? (Please circle one number in each row. If no change or not a reason for change in types of meals or snacks served, circle "3")

Changed types of meals/snacks because...

	More Now	Fewer/L ess Now	No Change/ Didn't Affect Types of Meals/Snacks	
	lacksquare	lacktriangledown	lacktriangle	
Hours per day you have children in care	1	2	3	198/
Number of children in your care during meal hours	1	2	3	199/
Number of children in care only during snack hours (if any)	1	2	3	200/
Number of children who bring meals or snacks from home (if any)	1	2	3	201/
Cost of providing meals/snacks	1	2	3	202/
Other reasons? (Specify)				203/
				204-205/

190

	Yes 1	ANSW	VER Q. 11.A
	No		O Q. 12
11.A	Why do you not serve one or more children meals (Please circle all that apply)	or snack	cs?
	Parents want to send their own food 1		
	I do not provide meals and snacks for all age groups 2		
	Child or children require special meals 3		
	Reimbursement rate is too low to cover costs of infant formula 4		
	Other (Please specify) 5		
snacks	average day, how many children bring meals (inclusted from home? (Please write one answer on each line. special occasions such as birthdays or holidays)	_	
snacks	s from home? (Please write one answer on each line.	If none, w	
snacks	s from home? (Please write one answer on each line.	If none, w	vrite in "0". 1
snacks	s from home? (Please write one answer on each line.	If none, w	vrite in "0". 1
snacks count s	s from home? (Please write one answer on each line.	If none, w # child # child	ren who bring a streen who bring
snacks count s	s from home? (Please write one answer on each line. special occasions such as birthdays or holidays)  y children to whom you serve meals or snacks also be	If none, w	ren who bring a streen who bring
snacks count s	s from home? (Please write one answer on each line. special occasions such as birthdays or holidays)  y children to whom you serve meals or snacks also be la) from home?	If none, was a child with the second second food 1	dren who bring a start who bring a start who bring a start dincluding i
snacks count s	s from home? (Please write one answer on each line. special occasions such as birthdays or holidays)  y children to whom you serve meals or snacks also be la) from home?  Yes	# child # child  # child  1 2	d (including i  ANSWER Q. GO TO Q. 14

Now we ask some questions on meal reimbursements and food costs. 14. How satisfactory is the Child and Adult Care Food Program (CACFP) reimbursement rate? 225/ Not at all satisfactory ...... 4 **15.** Do you get a higher reimbursement for meals or snacks served to any of the children? ANSWER Q. 15.A 226/ GO TO Q. 16 GO TO Q. 16 Not applicable, I have a tier 1 home . . . . 4 GO TO Q. 16 15.A For how many children do you get a higher reimbursement? 227-228/ # of children 16. On average, about how much do you spend per week for food and beverages for the meals and snacks you serve to all the children in your care? (Remember to include infant *formula*) 229-230/ \$60.00 up to \$79.99 ..... 4 \$80.00 up to \$99.99 ..... 5 \$100.00 up to \$119.99 ...... 6 \$120.00 up to \$139.99 ...... 7 \$140.00 up to \$159.99 ..... 8 

<b>17.</b>	Thinking back to the year before January, 1997, is the amount you spend on food for
	the children in your care more, less or about the same now as it was then?

More now	ANSWER Q. 17.A	231/
Less now	ANSWER Q. 17.A	
About the same as before January, 1997 3	GO TO Q. 18	
Not applicable, not serving meals before 1997 4	GO TO Q. 19	

# 17.A Why did your spending on meals and snacks for children in your care change? (Please circle one number in each row. If no change or not a reason for change in spending, circle "3")

Changed spending on meals/snacks because...

	More Now	Fewer/ Less Now	No Change/ Didn't Affect Spending on Meals/Snacks	
	lacktriangle	lacktriangledown	▼	
Number of meals you serve	1	2	3	232/
Number of snacks you serve	1	2	3	233/
Number of children who bring meals or snacks from home (if any)	1	2	3	234/
Number of infants whose parents supply infant formula (if any)	1	2	3	239/
Cost of food	1	2	3	236/
Number of children in your care	1	2	3	237/
Number of older children in care (if any)	1	2	3	238/
Number of infants in care (if any)	1	2	3	235/
Amount of donated food you get (if any)	1	2	3	240/
Amount of reimbursement	1	2	3	241/
Other reasons? (Please describe)				242/
				243-244/
				245-246/

## 18. Compared to <u>the year before January, 1997</u>, has your food shopping changed in any of the following ways?

(Please circle one number in each row. If no change, circle "3")

(Fleuse Circle one number in each row	More		No	
	Now	Less Now	Change	
	•	•	•	
Buying food items on sale	1	2	3	
Using coupons	1	2	3	
Buying store brands or generic brands	1	2	3	
Buying different forms of some foods (for example, frozen instead of fresh vegetables, canned fruit instead of fresh fruit, Kool Aid instead of fruit juice)	1	2	3	
Buying foods in larger quantities	1	2	3	
Shopping at a food warehouse	1	2	3	
Using a food co-op	1	2	3	
Buying convenience foods (for example, Lunchables or frozen meals, ready-made foods such as muffins or packaged cookies, prepared foods such as potato salad or fried chicken)	1	2	3	
Other (Please describe)				
,				
				256- 258-

The next questions are about your family child care home and your sponsor.

19.	How many years hav	e vou run vour ov	wn family child	care home?
1/.	HOW many years nav	c you run your or	wii iaiiiiy ciiiu	care monic.

# of years

**20.** How long have you received CACFP reimbursements? (If less than 1 year, write "1")

# of years

Do you	u have the same CACFP sponsor you had on January	1, 1	.998?	
	Yes	1	GO TO Q. 22	264/
	No	2	ANSWER Q. 2	21.A
21A.	Why did you change CACFP sponsors? (Circle all th	at a	pply)	
	Was not satisfied with former sponsor's			
	services	1		265/
	Liked services new sponsor offered	2		266/
	Have returned to former sponsor	3		267/
	Other (Please specify)	4		268/
				269-270/
				271-272/
	<b>8, how many times did your sponsor visit your child ca</b> c, check the box and go to Question 23			
ij none	e, check the box and go to Question 25	• •		
		# tir	mes	273-274/
22.A	How many of these visits were unannounced?			
				275-276/
		# of	visits	
22.B	How long did the visits usually last? (Please enter the number of minutes a typical visit lasted)	nun	nber of hours an	d the
	AND			
	# of hours	#	of minutes	
	277-278/		279-280/	
22.C	Thinking back to the year before January, 1997, did often, less often or about the same as in 1998?	you	r sponsor visit n	nore
	More often before January, 1997	1		281/
	Less often before January, 1997	2		
	The same before January, 1997	3		
	Not applicable, did not have a sponsor before January, 1997	4		

22.D	Compared to <u>the year before January, 1997</u> , were sponsor visits to your child care home longer, shorter or the same as in 1998?				
	Longer before January, 1997	1	282/		
	Shorter before January, 1997	2			
	The same before January, 1997	3			
	Not applicable, did not have a sponsor before January, 1997	4			
22.E	Now back to last year, in 1998, what did you usuall sponsor's visits? (Circle all that apply)	y talk about during the			
	Meal counts	1	283/		
	Menu planning	2	284/		
	Menu records	3	285/		
	Food safety/sanitation	4	286/		
	Food purchasing	5	287/		
	Food storage	6	288/		
	Types and amounts of food to serve	7	289/		
	Nutrient content of foods	8	290/		
	"The Dietary Guidelines for Americans"	9	291/		
	Nutrition education for children	10	292/		
	Nutrition education for food preparers	11 :	293/		
	Distributing food program applications (income eligibility statements) to				
	<b>1</b>		294/		
	Other (Please specify)	13	295/		
	- <del></del> .	296-2	297/		

298-299/

The following questions ask about the types and amount of Child and Adult Care Food Program (CACFP) training you have received during the past twelve months.

23.		our sponsor conduct any CACFP group classes, meeticare providers during 1998?	ngs or	workshops for fa	mily
		Yes 1	ANSW	ER Q. 23 A-E	300/
		No	GO TO	Q. 23.E	
		Don't know	GO TO	Q. 23.E	
	23.A	During 1998, how many of these CACFP group trainattend?	ning se	ssions did you	
			# of t	raining sessions	301-302/
		None		60 TO Q. 23.E	
	23.B	Were you required to attend one or more of these gressions?	roup C	ACFP training	
		Yes	1		303/
		No	2		
	23.C	How long did the training sessions usually last? (Planours and the number of minutes the sessions you attention		U	
			AN	ID	
		# of ho		# of minutes	
		304-	305/	306-307/	

	<b>During these group training sessions, what</b> (Circle all that apply)	t were you	trained in?	
	Meal counts		. 1	
	Menu planning		. 2	
	Menu records		. 3	
	Food safety/sanitation		. 4	
	Food purchasing		. 5	
	Food storage		. 6	
	Types and amounts of food to serve .		. 7	
	Nutrient content of foods		. 8	
	"The Dietary Guidelines for America	ns"	. 9	
	Nutrition education for children		10	
	Nutrition education for providers		11	
	Meal preparation techniques		12	
	Family-style serving		13	
	Changes to meal reimbursements		14	
	Other (Please specify)		15	
	Did you receive any of these other kinds of (Please circle one number in each row)	Γ		1998
		YES	raining during 1	1998
		Γ		1998
		Γ		1998
Or	(Please circle one number in each row)	YES 🔻	NO ▼	1998
Or Ne	(Please circle one number in each row) ne-on-one training/orientation	YES 🔻	NO ▼	1998
Or Ne Vi	(Please circle one number in each row)  ne-on-one training/orientation ewsletters/written material for self-study	YES	NO ▼ 2 2	1998
Or Ne Vi	(Please circle one number in each row)  ne-on-one training/orientation ewsletters/written material for self-study deotapes for self-study	YES	NO ▼ 2 2	199
Or Ne Vi Ot — <b>Did you</b> <b>paperw</b>	(Please circle one number in each row)  ne-on-one training/orientation ewsletters/written material for self-study deotapes for self-study	YES  1 1 1 1 example, h	NO  2 2 2 2	ng,
Or Ne Vi Ot — <b>Did you</b> <b>paperw</b>	(Please circle one number in each row)  ne-on-one training/orientation  ewsletters/written material for self-study deotapes for self-study  ther (Please Specify)  receive any other kinds of assistance (for each ork, referrals of parents looking for child or	YES  1 1 1 1 example, h	NO  2 2 2 2	ng, 19

#### 24.A What kinds of assistance did you get from your sponsor? (Circle all that apply)

Referrals of parents looking for child care	1	336/
Help with tax forms	2	337/
Help with licensing	3	338/
Information on other training and resources for child care providers		
(for example, CPR courses)	4	339/
Other (Please explain)	5	340/
		341-342/
		343-344/

# 25. For each of the following activities associated with your participation in the CACFP, please indicate which best describes the level of burden each activity places on you. (When you estimate burden, please consider both the amount of work and the level of difficulty involved)

	Not at all Burdensome	Not Very Burdensome	Somewhat Burdensome	Very Burdensome	Not Applicable	
	lacktriangledown	lacktriangle	lacktriangledown	lacktriangledown	lacktriangle	
Completing application/renewal process	1	2	3	4	5	345/
Reporting meal counts	1	2	3	4	5	346/
Distributing food program applications (income eligibility statements) to parents	1	2	3	4	5	347/
Meeting meal pattern requirements	1	2	3	4	5	348/
Keeping menu records	1	2	3	4	5	349/
Attending required training	1	2	3	4	5	350/
Keeping child attendance records	1	2	3	4	5	351/
Keeping receipts and other business records	1	2	3	4	5	352/

$O_1$	ır final	questions	are about	vour	sources	of fr	ındino
$\sim$	n mina	questions	arc about	voui	Sources	OIII	muniz.

	Yes		1	ANSWER Q. 26	.A
	No		2	GO TO Q. 27	
26.A	How many chilorganization?	dren's f	ees are paid by a governme	nt agency or other	
	8		# chil	dren	3
<u>hours</u>	If hourly rate	<u>k</u> ? (Plea →	se choose your billing rate,  per hour	and answer on one l	ine)
	If daily rate	<b>→</b>	<u>\$</u> per day		36
	If weekly rate	<b>→</b>	<u>\$</u> per week		36
	If monthly rate	<b>→</b>	<u>\$</u> per month		369
	Not applicable		<u>\$</u> . per month  ☐  ☐ children in care 30 hours or		36
27.A	Not applicable (No full fee child more per week)  How much do	ren or no		e for a <u>preschool ch</u>	ild in (
27.A	Not applicable (No full fee child more per week)  How much do less than 30 ho	ren or no	□ o children in care 30 hours or rge parents who pay full fe	e for a <u>preschool ch</u>	<mark>ild</mark> in ( wer on
27.A	Not applicable (No full fee child more per week)  How much do less than 30 ho line)	ren or no	□ o children in care 30 hours or rge parents who pay full fee week? (Please choose your	e for a <u>preschool ch</u>	ild in ( wer on
27.A	Not applicable (No full fee child more per week)  How much do less than 30 ho line)  If hourly rate	ren or no	children in care 30 hours or children in care 30 hours or rge parents who pay full fewweek? (Please choose your  \$ per hour	e for a <u>preschool ch</u>	ild in (

28.	Do you charge higher, lower, or the same fees as you did in January, 199	97?
	Higher 1 Why?	396/
	Lower 2 Why?	397-398/
	The same 3	399-400/
	Not applicable, did not operate a child care home in January, 1997	$\square_4$
29.	How much of your <u>household income</u> would you estimate comes	from your net
you	se last questions are for statistical purposes only. Please keep in mind that the provide will be kept confidential and will have no effect on your tier status. You not see your answers.	
	family child care business income? Net business income is all fer for children in your care plus money you receive from your CAC minus the costs of operating the business, such as money you spe meals.	CFP sponsor
	Less than 25%	401/
	25% to 49%	
	50% to 74% 3	
	75% to 100%	
30.	How much of your family child care <u>total or gross business income</u> would comes from the money you receive from your sponsor for food served? income is all money received from child care fees and the CACFP before costs of operating the business.	<b>Total business</b>
	Less than 25%	402/
	25% to 49%	
	50% to 74%	
	75% to 100%	

31. What was your total <a href="https://www.netchild.com">household income</a> income plus money you and other household members receive from other jobs, welfare, pensions, alimony and child support payments, unemployment compensation, social security and cash withdrawn from savings, investments or trust accounts or received from friends and relatives.

\$5,000 or less per year	1	403-404
\$5,001 to \$10,000 per year	2	
\$10,001 to \$15,000 per year	3	
\$15,001 to \$20,000 per year	4	
\$20,001 to \$25,000 per year	5	
\$25,001 to \$30,000 per year	6	
\$30,001 to \$35,000 per year	7	
\$35,001 to \$40,000 per year	8	
\$40,001 to \$45,000 per year	9	
\$45,001 to \$50,000 per year	10	
\$50,001 to \$55,000 per year	11	
\$55,001 to \$60,000 per year	12	
\$60,001 to \$65,000 per year	13	
\$65,001 to \$70,000 per year	14	
\$70,001 to \$75,000 per year	15	
\$75,001 to \$80,000 per year	16	
\$80,001 or more per year	17	

32. Including yourself, how many people live in your household?

# of people

**GO TO PAGE 23** [this was the last page of the survey form, page 65 in this report]

Respondents who had dropped out of the CACFP by the time this questionnaire was sent to them were asked to skip Q. 1 to 32 and go to this page to complete the following questions.

33.	Do you currently operate a family child care home?	
	Yes	6
	No	407
34.	When did you stop operating a family child care home?	
	month year 408-409/ 410-411/	
35.	Why did you stop operating a family child care home? (Circle all that apply)	
	Could not make a profit	412
	Changed to a different job or business	413
	Could not find parents who wanted family child care	414
	Could not afford lowering of CACFP reimbursements	415
	Could not afford to meet licensing requirements	416
	Got tired of caring for children 6	417
	Change in household structure (for example, remarriage, divorce, own children now in school) 7	418
	Other reasons? (Please describe briefly) 8	419
	·	420-421
		422-423
36.	When did you leave the CACFP?	
	/	
	month year	

GO TO PAGE 23 [this was the last page of the survey form, page 65 in this report]

424-425/ 426-427/

Thank you for taking the time to answer the questions on this survey. Please return the completed questionnaire in the enclosed postage-paid envelope.

Please feel free to call if you have any questions about our study. Our toll free telephone number is 1-800-244-4135.

We will separate this page from your survey responses. Your name will **not** be connected with the answers you have given in the rest of this questionnaire.

Please enter your name, phone number, and the date on which you completed this survey. You may be contacted by staff from Abt Associates if we have any questions about your responses. If you would like to receive a copy of the results of this study, check (🗸) the box and a report will be mailed to you.							
Your Name			_ Today's Date / / / Month Day Year				
Telephone No.	() Area Code	- Number	☐ Please send a copy of study results				